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## Large Language Models

# The best linguistic theory, a wrong linguistic theory, or no theory at all?

**Abstract:** This paper discusses the claim that *Large Language Models* (LLMs) are the best linguistic theory we currently have. It discusses claims that LLMs are wrong linguistic theories and concludes that they are not linguistic theories at all. It is pointed out that Chomsky's claims about innateness, about transformations as underlying mechanisms of the language faculty and about plausible representations of linguistic knowledge have been known to be flawed for quite some time by now and that we would not have needed LLMs for this. Chomsky's theories are not refuted by LLMs in their current form since LLMs are different in many aspects from human brains. However, the tremendous success of LLMs in terms of applications makes it more plausible to linguists and laymen that the innateness claims are wrong. It is argued that the use of LLMs is probably limited when it comes to typological work and cross-linguistic generalizations. These require work in theoretical linguistics.

Keywords: Large Language Model, syntax, innateness, LLM

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## 1 Are Large Language Models linguistic theories?

In a recent paper in a special issue of *Theoretical Linguistics* containing "*Reflections on Theoretical Linguistics*" on the occasion of the 50th anniversary of the journal, Ambridge & Blything (2024: 33) claim that "large language models are better than theoretical linguists at theoretical linguistics". The authors examine the output of a *Large Language Model* (LLM) with regard to the argument structures of verbs and are impressed that the model predicts the same as Ambridge found out in experiments with students. The authors claim that LLMs are a theory of language, the best one we have right now:

[L]arge language models (LLMs) are already the leading current theories of how speakers learn and represent these restrictions. Of course, they are not perfect theories [...] but they're better theories than any others that have been proposed. (Ambridge & Blything 2024: 34)

LLMs are very interesting and you can do a lot of impressive things with them.<sup>1</sup> But are they theories? Do they help in any way to get a better understanding of language?

The authors claim that LLMs are theories of language acquisition and representation and that they are instantiations of *construction-grammar* approaches (Goldberg 2006):

Large language models [...] constitute theories of language acquisition and representation; theories that instantiate exemplar-, input- and construction-based approaches, though only very loosely. (Ambridge & Blything 2024: 33)

The authors claim that models are a theory (see also Piantadosi 2024: 360):

OK, so the model makes the right predictions but – we hear you ask – where is the theory? That's the point: the model is the theory. (Ambridge & Blything 2024: 39)

This shows some confusion in terminology. A theory contains descriptive and explanatory statements about some part of reality. It contains laws about the domain that is described by the theory. A model is an abstract representation of the relevant part of the reality under consideration. A theory can be used to build such models. A theory should use primitives that are appropriate for a certain domain and it should contain statements about these primitives. LLMs are neuronal nets that have been organized and trained in a certain way. Nodes of such nets can be examined and we can even find certain information in them (Zhang & Bowman 2018; Manning et al. 2020), but this information is not a theory. The net may reflect grammatical structures and reject impossible ones, but it does not tell us why this is the case.

Later in the paper and contradicting their earlier claim, the authors argue that the programs that generate the LLMs are a theory:

<sup>&</sup>lt;sup>1</sup> For example, ChatGPT can explain prime factorizations in Trump-style (Piantadosi 2024: 356-357).

"But", critics object, "we have no idea what it's doing" (e.g., Kodner et al. 2023; Milway 2023). Quite the opposite: Unlike for traditional linguistic theories, every last detail of the model's assumptions and operation is written out in black and white, in thousands of lines of computer code. This code is a theory of the acquisition of (among other things) verb argument structure; it's even – like traditional linguistic theories – written in a language, albeit an artificial programming language, rather than a natural language like English. We know exactly what the model is doing. (Ambridge & Blything 2024: 39–40)

This very quote is an instance of mixing levels. We know what the code is doing. We do not know what the trained net, the model, is doing. This depends on the training data and even if we knew the training data, we could not predict what specific nodes in the net would do. The issue is just too complex for us humans and the training data is too vast. This can be compared with *definite-clause grammars* (DCGs): this is a notation that can be used to write down phrase structure grammars. Most Prolog interpreters come with a component that parses such grammars directly (see Clocksin & Mellish 1984: Chapter 9 for more information on DCGs and Müller 2023c: Task 10 on p. 81 for more information on working with DCGs online). Clocksin & Mellish (1984: 268–270) provide two pages of code for the translation of DCGs into Prolog code. The resulting Prolog program does *parsing as deduction*. In this case, we know what the code is doing. It reflects our theory about language. For a more elaborate example of parsing as deduction based on *government and binding*, see Johnson (1989).

Fox & Katzir (2024) published a response to Ambridge & Blything (2024) in the same issue of *Theoretical Linguistics*. They write:

The distinction between competence and performance and between correctness and likelihood are parts of all the best theories of human linguistic cognition, as are the aspects of linguistic representation that we briefly reviewed (modularity, constituency, and entailment). [...] [T]he LLM Theory does not even come close to approximating the relevant observations. Obviously it cannot derive these properties of human linguistic cognition and without doing so it cannot be considered a scientific theory at all. (Fox & Katzir 2024: 75)

The authors claim that LLMs cannot be a theory since they do not make the competence-performance distinction, since they do not adhere to modularity, and since they do not capture constituency. If these failures to capture certain properties of language indeed entailed that LLMs are not scientific theories, then neither construction grammar nor any flavor of *mainstream generative grammar* (MGG)<sup>2</sup> would be. The distinction between competence and performance is rejected in *usage-based construction grammar* (Diessel 2015: 297). I personally think that this is a mistake (Müller 2023c: Chapter 15), but nevertheless approaches in usage-based

 $<sup>^2</sup>$  The term MGG goes back to Culicover & Jackendoff (2005: 3). It refers to all proposals developed by Chomsky. Government and binding (Chomsky 1981) and theories developed under the label of *minimalism* (Chomsky 1995) are the most recent incarnations.

construction grammar are theories. The alternative approaches in MGG do not fare any better. All basic architectural assumptions in all of Chomsky's approaches are highly implausible from a psycholinguistic point of view. The *derivational theory of complexity*, which assumed that sentences involving more transformations in their analysis are more difficult to process than sentences with fewer transformations, has been proven wrong (Fodor et al. 1974: 320-328; see Müller 2023c: Chapter 15.1 for a recent discussion). The T-model with its autonomous components of syntax, phonological and logical form has been proven wrong, resulting in spectacular analyses in *cartography* (Cinque & Rizzi 2010) to circumvent the autonomy of syntax restriction (see Müller 2023c: Section 4.6.1.1, 2023b: Section 4.10.2 on this point and on problems with cartographic approaches, for example, Cinque's 1994: 100 claim that categories like *nationality* are part of our genetic endowment). Derivation by phase (Chomsky 2008) and other minimalist architectures (Richards 2015: 812, 830) are entirely implausible as architectures for human language (Borsley & Müller 2021: Section 3.6) since they are incompatible with incremental parallel processing of linguistic information at all descriptive levels (Marslen-Wilson 1975; Tanenhaus et al. 1996). If the argumentation by Fox & Katzir (2024) was valid, it would follow that all approaches in usage-based construction grammar and MGG were not scientific theories. This would be a very strange conclusion, but it is not warranted. They are scientific theories, but they are bad ones.

Concerning the other points raised in the above quote: the claims about modularity and interfaces are probably wrong (Pulvermüller 1999; Jackendoff 2000: 22, 27; Kuhn 2007; Pulvermüller et al. 2013), and there are theories in which constituency does not play a role but dependency does (Tesnière 1959). And Clark et al. (2019), Hewitt & Manning (2019), Manning et al. (2020) show that dependency information is encoded in LLMs.<sup>3</sup>

So Fox & Katzir (2024) should not have argued that LLMs are no theories because they do not have the properties X and Y that some linguistic theories have, but instead they could have argued that the theory, if it existed in LLMs, would be wrong since it was missing X and Y. I argue that there is no theory about language in it. I believe that Ambridge & Blything (2024) are fundamentally wrong. To show this let us do a thought experiment. LLMs are neural networks. Their architecture is inspired by what we find in brains. They differ from brains in various ways,

<sup>&</sup>lt;sup>3</sup> It is important to note that Clark et al. (2019), Hewitt & Manning (2019), Manning et al. (2020) were able to discover the fact that dependencies are represented in LLMs because they knew the concept of dependencies, which was developed by Tesnière in 1924–1954. So the linguistic theory and related concepts were a prerequisite to find linguistic structure in the neural networks. This point will be taken up again below in the discussion of typological work. Another note on linguistic information in LLMs: Imagine you build a model of a landscape in a lab. You have soil and water. The water runs in little rivers, carves valleys into the soil. The landscape is formed over time, you get hills, canyons, creeks, rivers. This is like the training phase of a neuronal net. After this landscape forming phase you may put liquid into your artificial landscape and see what forms rivers will take. But does this tell you something about rivers in general? A theory about the way water distributes? No. It gives you concrete examples of how a possible river may look like after years and years of forming an artificial landscape. This is what we get from LLMs: we train them with lots and lots of data and then get a structure that was shaped by the data.

but let us assume that one could develop a perfect replica of a brain one day. To quote Norbert Wiener, the founder of cybernetics: "The best model of a cat is a cat, preferably the same cat." So, if we have a perfect copy of somebody's brain, what can we do with it? The artifical brain can then do exactly what the 48 Liverpool students mentioned in the Ambridge & Blything (2024) paper can do. Perhaps a bit more smoothed, because this replica can be fed much, much, much more data than all Liverpool students will ever see in their 48 lives combined. Now the question is: What does this mean for linguistics? Is a replica of a brain a theory about language? No. It is a masterpiece of engineering. Nothing more. To build such masterpieces, you need theories about how brains work. You can then take parts of these theories and use them to build artificial brains. The code that people write to train the data structures they have created is code that is motivated by theories about the brain. It is not a theory, and certainly not a theory about language. The criticism that Ambridge & Blything (2024) reject is justified: LLMs are not theories about language; the information contained in LLMs is only indirectly accessible. Just as you cannot directly access the information in brains. You can only study the behavior of people. That is what we have been doing for hundreds of years. We look at what people say and write. We conduct experiments with people. We ask them about the acceptability of sentences. We test where they look when certain sentences are uttered (Tanenhaus et al. 1996). We measure brain activity (event-related potentials, cerebral blood flow, etc.) We investigate what happens when certain areas of the brain are damaged. This gives us information about the processes and representations of linguistic knowledge in the brain. From this we can then draw conclusions for plausible theories.

What is it like with LLMs? They are like brains: black boxes. We could start playing around with them now and try to find out what is stored where and how. But what good would that do? Actually such a research field exists already. Bender & Koller (2020: 5185) call it "BERTology":<sup>4</sup> Engineers and linguists are playing with LLMs and check what they can do. This is interesting, but irrelevant for linguistics.<sup>5</sup>

Conclusion: We (as humanity) have created a technical masterpiece, but we know no more about our cognitive abilities than we did before.

<sup>&</sup>lt;sup>4</sup> BERT stands for *bidirectional encoder representations from transformers* and is a shorthand for an LLM introduced by Google.

<sup>&</sup>lt;sup>5</sup> This was a bit of a hyperbole. LLMs may be used to play around with data and to check what these models need as input to get certain facts about language right. This can help linguists to discover relations and dependencies between linguistic phenomena that are plausible parts of a linguistic theory (generalizations, constructions, families of constructions, and the relations between constructions). For example, Misra & Mahowald (2024) show that LLMs perform above chance on phrases like *a five beautiful days*, provided certain other constructions are in the training corpus. So, the place of LLMs in linguistics seems to be the one of subjects that one can feed arbitrary training material and that one can interrogate without them getting tired and without the need of an ethics vote. Since LLMs are different from real humans, the resulting theories should be checked with reference to actual data and actual human behavior, but they can serve as a first inspiration.

## 2 LLMs and language acquisition

Maybe the last sentence in the previous section needs a bit of qualification. Piantadosi (2024) claims that Chomsky's approach to language has failed, that it was proven wrong by LLMs. As Piantadosi (2024: 366) writes himself, LLMs "are trained on truly titanic datasets compared to children, by a factor of at least a few thousand". So, if linguistics is dealing with human capabilities, we are not quite there yet. To model language acquisition, we would need grounded input, we would need a realistic amount of training data, we would have to simulate the development of brains and the growth of cognitive capacities in early childhood.<sup>6</sup> But what the success of LLMs suggests is that an elaborated component of *universal grammar* is not needed, that the argument of the *poverty of the stimulus* was flawed and so on. Above I wrote that "we know no more about our cognitive abilities than we did before". And this is true. We knew in 1974 (51 years ago) that transformations are psycholinguistically implausible (Fodor et al. 1974: 320– 328). Psycholinguists sympathetic with the Chomskyan paradigm suggested that we have our linguistic knowledge represented as a *transformational grammar*, but that it then gets compiled out into a set of templates that are equivalent to the constructions of construction grammar (Frazier & Clifton 1996: 27). But this of course begs the question why one should not work in construction grammar or a related framework like constructional head-driven phrase structure grammar (constructional HPSG; Sag 1997; Müller et al. 2024) from the beginning. What is the evidence for some underlying transformation-based representation of linguistic knowledge? The various architectures that were proposed over the years were psycholinguistically implausible too. The T-model (Chomsky 1981, 1986) was implausible (Müller 2023c: Section 15.2) and this got only worse with phase-based variants of minimalism (Chomsky 1995, 2008; Richards 2015: 812, 830; Borsley & Müller 2021: Section 5). But if the theories are incompatible with empirical facts like incremental processing, how can they tell us anything about human cognition and innateness? The principle-and-parameter model of language acquisition (Chomsky 1981: 6) failed in various respects. It was assumed that one parameter was related to many properties of a language and worked like a switch (Chomsky 2000: 8), but none of the suggested correlations held up (Haider 2001: Section 2.2; see Müller 2023c: Section 16.1 for an overview). The way parameterization was conceptualized was biologically implausible. For example, it was assumed that *subjacency* was a universal principle and the parameterization concerned the part of speech of certain bounding nodes within non-local dependencies (Baltin 1981; Chomsky 1986: 40). First, it could be shown that subjacency does not hold in Dutch, German, and English (Koster 1978: 52; Müller 1999: 211, 2004, 2007: Section 3; Strunk & Snider 2013) and second, it is biologically absolutely implausible that part-of-speech information is encoded in our genes (Bishop 2002; Fisher & Marcus 2005: Section 6.4.2.2). This was realized by Hauser, Chomsky & Fitch (2002). What remained as property that was assumed to be part of universal grammar was *merge*, an

<sup>&</sup>lt;sup>6</sup> Children regularize more than adults (Hudson & Newport 1999; Hudson Kam & Newport 2005), a fact that can be traced back to their limited brain capacity ("less is more"-hypothesis, Newport 1990).

operation for combining linguistic material. Somehow a triviality (Müller 2023c: 475). A triviality that caused another linguistic war (Pullum 2024).

There is one important aspect of research in the principles-and-parameters era: The systematic search for universals, for commonalities and differences lead to a much-improved knowledge about variation. We know much more about language as such, that is, about structures that are similar in principle. For example, the German sentence in (1) is parallel to the English translation.

(1) *dass die Straßenbahnen um die Ecke quietschen* that the trams around the corner squeak 'that the trams squeak around the corner'

As Müller (2013) pointed out, it is possible to develop analyses that capture the commonalities although the linearization of the constituents differs in German and English (English is an SVO language and German is SOV). Typological research is fascinating and requires the comparison of many very different languages on a theoretical level. I doubt that the results of cross-linguistic research can be derived from LLMs, without any interaction with theoretical linguistics. Training LLMs on multilingual material will be non-trivial<sup>7</sup> and discovering cross-linguistic generalizations in network representations is probably impossible without a theoretically informed clue on what to look for (see also Footnote 3). A suggestion for a methodologically clean way of deriving cross-linguistic generalizations that differs from the MGG approach is assumed in the CoreGram project (Müller 2015).

Chomsky claimed that there would be language universals but there are no plausible candidates for syntactic universals left (Evans & Levinson 2009; see Müller 2023c: Section 13.1 for an overview). There are tendencies, for sure, but this is not sufficient for positing innate knowledge of language.

The strongest argument for innate linguistic knowledge seemed to be the argument of the poverty of the stimulus, but it was never actually correctly carried out (Pullum & Scholz 2002; Scholz & Pullum 2002). Chomsky repeated his favorite argument with question formation as auxiliary inversion throughout several decades (Chomsky 1971: 29–33, 2013: 39). Bod (2009) showed how frequencies of subtrees can be used to learn structures of auxiliary inversion even though the examples that Chomsky (wrongly)<sup>8</sup> claimed to be non-existent in the data were not used in the learning procedure. Chomsky ignored these insights (Berwick, Pietroski, Yankama & Chomsky 2011; Chomsky 2013: 39) and so we find the auxiliary-inversion claim again two

<sup>&</sup>lt;sup>7</sup> See Chang et al. (2024) for comments on the low quality of multilingual language models. Note also that a lot of typologically interesting languages are low-resource languages, so a massive training like with LLMs is not possible because of the lack of data. See Chang et al. (2024) on monolingual models for 350 languages.

<sup>&</sup>lt;sup>8</sup> See Pullum & Scholz (2002: 41–45).

years later in the same journal that also published Bod's paper. Similarly pattern-based modeling in language acquisition research was much more successful in explaining cross-linguistic differences in acquisition than alternative accounts couched in Chomskyan frameworks (Freudenthal et al. 2007).

Connected to the assumption of universal grammar is the assumption of a core/periphery distinction (Chomsky 1981: 7–8). The idea is that there is a core of linguistic knowledge that is determined by our genetic endowment and there is a periphery (e.g. idioms) that is learned in another way. There is an interesting and very simple argument against this stance and it goes like this: If we can learn the idiosyncratic parts of a language that is assigned to the periphery, we should be able to learn the more regular parts of the assumed core (Abney 1996: 20; Newmeyer 2005: 100; Goldberg 2006: 14; Tomasello 2006: 20; Müller 2014). See Müller (2014) and the CoreGram project (Müller 2015) for a method for deriving language-internal and also crosslinguistic generalizations and the notion of *Kernigkeit* 'coriness' that does not refer to Chomsky's core/periphery distinction.

So, we knew that Chomskyan approaches to language and language acquisition failed in terms of their basic assumptions (transformations), they failed in terms of their architecture with respect to psycholinguistic evidence (separation of syntax and phonology and semantics in various forms) and they failed in respect to assumptions about genetics. Everybody working in non-Chomskyan paradigms has been aware of this for more than a decade (see the first editions of my Grammatical Theory textbook from 2010 and 2014 for a summary of the respective discussions in German and English, respectively). We did not need LLMs for this, but maybe the actual usefulness of these networks is that they make the possibility that we do not need any innate domain-specific knowledge plausible to everybody: linguists and laymen. However, to show that LLMs can acquire languages like humans do, they have to be more human-like. To reach this goal, we probably need more knowledge about brains. As I pointed out above, if we manage to reach the goal of creating more human-like models, we know how brains work, but we do not necessarily know how languages work. I mentioned many of the failures of Chomskyan theories above, but note that they were very successful. They contributed to our understanding of language. The reason is that they were theories. They made predictions and contained claims about languages. We knew how to falsify them and we did. The era of research on principles and parameters was fruitful in that it caused an enormous amount of typological research. LLMs on the other hand are black boxes. They make predictions, some right, some wrong, but this is all we have. There is no explicit law that is falsified.

## 3 Linguistic theories

I believe that linguistic theories should contain rules and symbols. A linguistic theory can to some extent be derived from large corpora using automatic methods. Both the categories can be obtained via class formation and rules or valence patterns and the corresponding lexical

entries can be derived automatically. The parts of speech and features like case, gender and number that are currently used in linguistic theories are basically the outcome of a distributional analysis that was done "by hand" during the last centuries. Grammar rules and also feature-value pairs may be assigned probabilities (Jurafsky 1996). These can also be derived from corpora. This is complicated and the mathematics is not fully understood yet. But one can train the system on large amounts of data. The training procedure contains assumptions about language: there are categories, there are constituents. There will be a residuum of infrequent phenomena that will not be captured this way (for example apparent multiple frontings, see Müller 2003). Some fine-tuning will be required and this is where the linguist comes in: rare data and complicated interacting phenomena may decide between various alternative theories of a language (Müller 2023a: Chapter 6).

What would be missing in such grammars is the meaning component: a distributional analysis provides one with distribution classes, with syntactic regularities of the language under consideration. This is true for LLMs and any other outcome of a distributional analysis unless semantic information is explicitly encoded in the input and linked to real world experiences. LLMs do contain semantic knowledge. Piantadosi (2024: 358) points out that it is interwoven with syntactic information. However, the important point when it comes to human cognition is that the semantic knowledge in LLMs is not grounded. Jones et al. (2024: 1417) discuss sentence-picture verification tasks. For example, hearers can infer from the sentences He hammered the nail into the wall and He hammered the nail into the floor that the nail is horizontal in the situation described by the first sentence and vertical in the second. This information is not explicitly coded in the sentences, so LLMs, which are trained on language alone, cannot learn this, unless it is made explicit elsewhere in the training material.9 Therefore, it is really surprising to see construction grammarians praising LLMs as theories of human language. Wasn't it construction grammarians who told everybody in the field that human cognition is grounded (Barsalou 2008) and that language is not just abstract syntax and cannot be learned as such without a connection to semantics and the real world (Klein 1986: 44; Tomasello 2003: 113; Ambridge & Lieven 2011: Section 4.2.3, 4.2.8)? Without grasping the communicative intention and attention sharing? Already in 1986, Klein pointed out that no human being could learn Chinese by sitting in a room continually exposed to Chinese from loudspeakers.<sup>10</sup> This just would not work. But this is how LLMs learn: they just see masses and masses of text. BERT was trained by guessing masked

<sup>&</sup>lt;sup>9</sup> See Chang & Maia (2001) for computational experiments on language acquisition with grounding in the framework of construction grammar and Steels (2003) for experiments with grounded communication in robotics. Beuls & Van Eecke (2024) extensively discuss the shortcomings of LLMs that are due to their representations not being grounded and they suggest ways to model grounded language acquisition. Jones et al. (2024) discuss first experiments with multimodal LLMs and point out some shortcomings of current architectures.

<sup>&</sup>lt;sup>10</sup> Klein speculated that at most phonological regularities can be learned and Newport et al. (2004) showed that humans can detect regularities by just being exposed to a continuous speech stream of syllables of various forms. Søgaard (2023: 44) pointed out that two-year-old infants can learn from TV, but TV involves another modality, the language is grounded (Rice 1983).

words in a sentence and by guessing the next sentence. Children do not play such games. Instead, they have to solve a very hard puzzle on their own: the segmentation of the speech signal. They have to find out what the units are in order to be able to discover what they mean. As Bender & Koller (2020) pointed out: BERT and ChatGPT and the like do not have a clue about what they are "saying". Their representations do not have any connection to semantics, they are not grounded (Beuls & Van Eecke 2024). ChatGPT is a bullshit machine in the sense of Hicks et al. (2024), it is not and it does not contain a linguistic theory, not even a wrong one.

## 4 Conclusion

LLMs are not theories of language. To build LLMs, one needs a theory and depending on the goal to be reached, the theory may be a theory of the human brain. Knowing how a brain is working does not entail knowledge about language. To do typological research means to compare thousands of languages. This is done by theoretical linguists on a meta level and not within neuronal nets trained with input of thousands of languages. Of course, one can imagine typological research supported by computers, but it would require trained linguists who know what to look for. The existence and success of LLMs does not entail that the problem of human language acquisition is solved since the architecture and the training process of LLMs is quite different from how human brains develop and how humans acquire language. However, LLMs show that the data is rich and make it even more plausible that humans are not born with innate domain-specific knowledge about language.

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