

APPLICATION OF BIOMECHANICS IN COACHING GOLF

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Martin is an elite golf coach who has worked with biomechanics and skill acquisition experts in his role at the Victorian Institute of Sport. This talk will discuss how these components are used from a coaching point of view, their strengths and limitations and some outcomes from working with both sports scientist and golfer. Martin will provide information on the application of biomechanics in coaching golf.

KEY WORDS: golf, coaching